


 **TRUSTED** HOUSE PAINTER

BEDROOMS

BEST PAINT COLORS FOR BEDROOM WALLS





 **TRUSTED** HOUSE PAINTER

ELEGANT KITCHENS

Are easier to achieve with Trusted House Painter

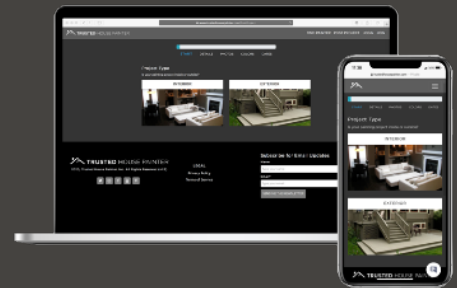
LET'S GET STARTED

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Inspiration

Bedrooms are a place of rest and calm, a space to charge the soul and connect to the source. Where ever you rest your head, may you capture your dreams and restore your soul in a comfortable space.

Here's a few questions to help discover the vision of your perfect bedroom color.

What do you want your room to feel like?

When asked this question, it might sound odd, but the colour choices in a room can influence how you react to the space.

Do you want the space to feel soft and warm?

Do you want the room to be light and airy?

Do you want it to shine bright and be cheerful?

Do you need a quiet and calming space?

Or do you want something bold - something rich and elegant?

Once you know how you want your room to feel, we can get down to finding the right colour or colours. All colours referenced here are from Benjamin Moore.

SOFT AND WARM

What does this mean?

Soft colours, and this includes neutrals, tend to have a hazy or muted tone, they are easy on the eyes and not too taxing on stimulation. The warm element refers to the way a colour feels, consider how it feels when you put on a sweater: if you are cold, it will warm you up, if you are hot, it can be uncomfortable.

Best colours for this look:

At the moment, whites and off-whites are all the rage, in order to make a white warm, it will need to have an element of yellow, red or orange but this can also include sandy colours, creams and beiges.



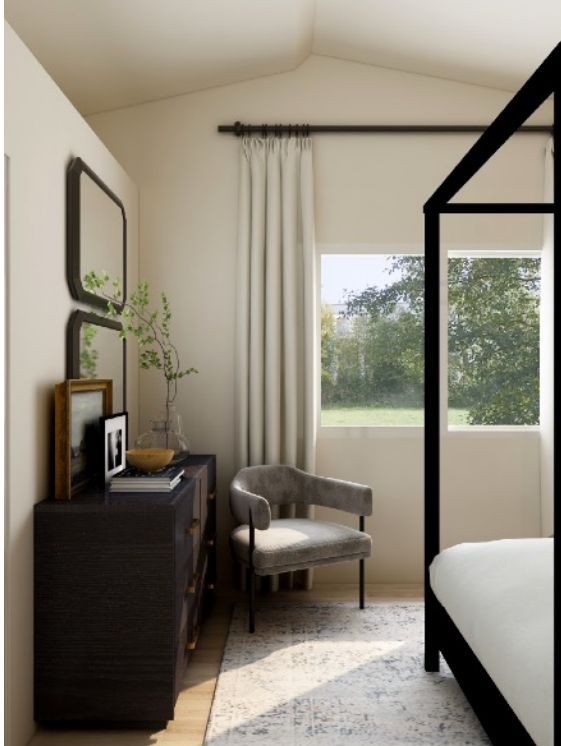
AF-20 Mascarpone, this off-white is creamy and warm.



OC-131 White Down, this rich off-white has a dense cream feel.



OC-10 White Sand, this colour is soft and has the look of a white sandy beach.



SOFT AND WARM EXAMPLES



LIGHT AND AIRY

What does this mean?

Airy colours, tend to have a freshness to them, they are easy on the eyes, think of it as how a light breeze feels.

Best colours for this look:

Colours that are on the cooler end of the colour spectrum, mostly blue and green, work great for this scheme, and this can include cooler grays as well.



OC-53 Horizon, this is a light cool gray, depending on the day and time of year, it can read gray, white or blue.



2139-60 Green Tint, this colour is exactly what it says, just a tint of a soft blue based green, like the kiss of a cool breeze.



AF-540 Constellation, this soft blue feels like how a breath of cool air feels, not sharp but refreshing.



LIGHT AND AIRY EXAMPLES



BRIGHT AND CHEERFUL

What does this mean?

Cheerful colours tend to be true colour and are not neutralized too much (toned down with gray or beige). This can give you a lot of options, here you need to consider what colour appeals to you and just go for it.

Best colours for this look:

Because this scheme is all about colour, the choices included here are just something to consider what bright and cheerful can look like in an array of colours.



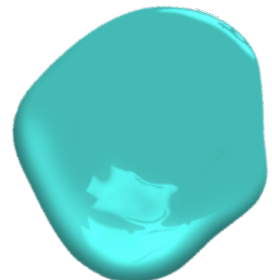
018 Monticello Peach, this mid-toned orange gives the impression of the warm glow of a summer sunset.



180 Beverly Hills, this bright warm yellow is a buttery and dense and feels like the sun is shining into your room.



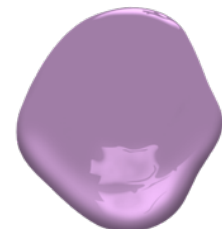
529 Sweet Daphne, this fresh, green based yellow is crisp and a little tart, much like a Granny Smith Apple.



663 Teal Tone, this colour of teal can feel cool and refreshing like jumping into a swimming pool on a hot day.



817 Brazilian Blue, this red based blue is like having a field of cornflowers on your walls.



1391 Naples Sunset, here I think the name says it all, it picks up the purple element of a brilliant sunset, where the colours just dance in the sky.



BRIGHT AND CHEERFUL EXAMPLES



QUIET AND CALM

What does this mean?

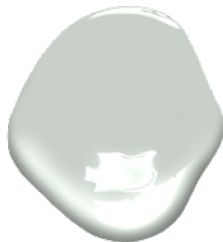
Quiet and calm colours consist of neutrals or neutralized colours, much like the light and airy scheme from above, it usually includes colours from the cooler spectrum, including blues, greens and purples, as these tend to appear to have less energy as the hotter colours such as red, yellow and orange. These cooler colours may show up as the undertone in a neutral or conversely as a neutralized colour.

Best colours for this look:

The following choices will have one option that is a neutral and the other is the neutralized colour. There are so many options in this scheme but these colours have proven to work for most people and in most spaces.

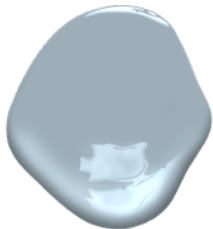


HC-171 Wickham Gray

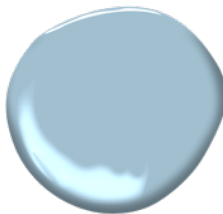


1563 Quiet Moments

Both colors have that seaside, beach glass element to them, the Wickham Gray is the neutral, the Quiet Moments is the neutralized colour.



2129-50 Winter Lake



1676 Northern Air

Here both give that cool, foggy, early morning feel. The Winter Lake is the neutral and the Northern Air is the neutralized colour.

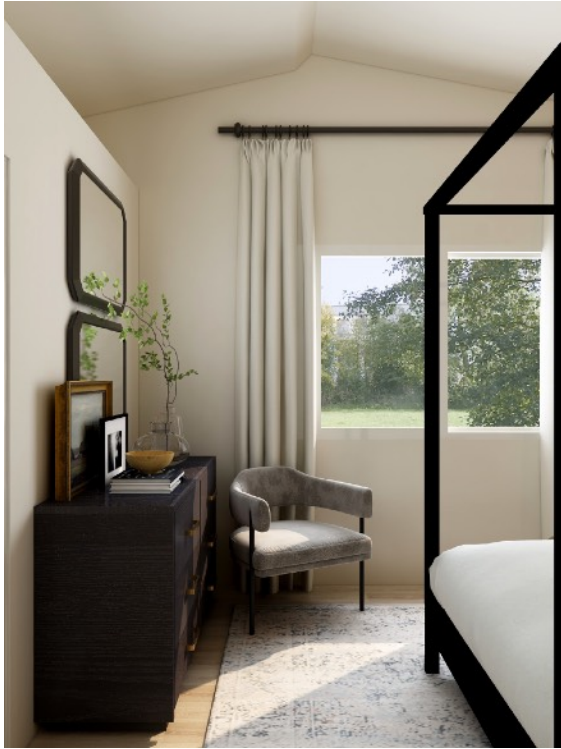


2109-50 Elephant Gray



2113-50 Mauve Desert.

Both are smokey purples, and purples tend to appear to have a meditative quality to them. The Elephant Gray is the neutral and the Mauve Desert is the neutralized colour.



QUIET AND CALM EXAMPLES



RICH AND ELEGANT

What does this mean?

Rich colours tend to be darker, denser and neutral tones tends to look more elegant. Colours can work in this too, because this works best if the colours are neutralized instead of clear or jewel toned. If you choose to go the colour route instead of the neutral, it is best to stick with colours that originate from a traditional colour pallet, for example, from Benjamin Moore's Historical collection.

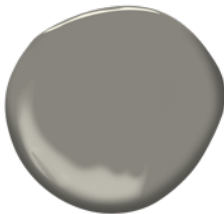
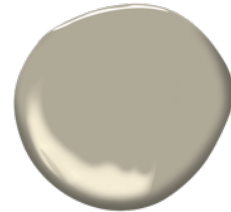
Best colours for this look:

Timeless neutrals and historical colours are great options. We are not looking to reinvent the wheel, so looking to the past and colours that have proven themselves to work throughout the years are always a good bet .



HC-87 Ashley Gray, this smoky, warm taupe gives the softness of a gray and the warmth of a soft brown.

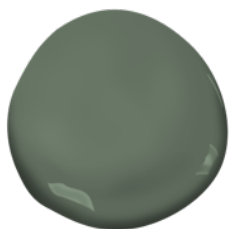
HC-108 Sandy Hook Gray, this green based taupe, again, gives the softness of a gray but this colour finds it's warmth from a soft mossy undertone.



HC-168 Chelsea Gray, this dense gray can feel both gray and neutral but it pushes a little bit of a warm green undertone which works marvelously with wood.

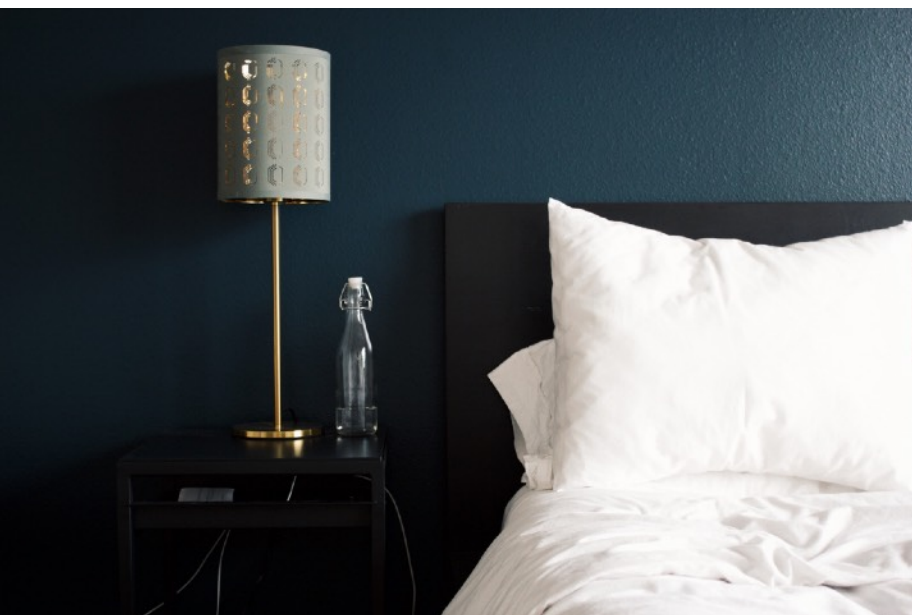
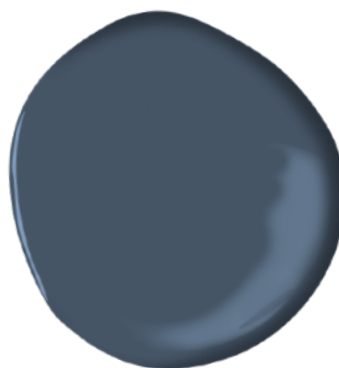
HC-65 Hodley Red, this rich burgundy can make it look like your walls are covered in velvet or leather.





HC-125 Cushing Green, this deep cool green can feel like your bedroom has been dropped down deep in the forest, this colour will enhance the warmth of wood and the calming effects of a deep green.

HC-155 Newburyport Blue, this rich navy is calming and elegant and because it is a neutralized blue, it can actually work like a neutral.

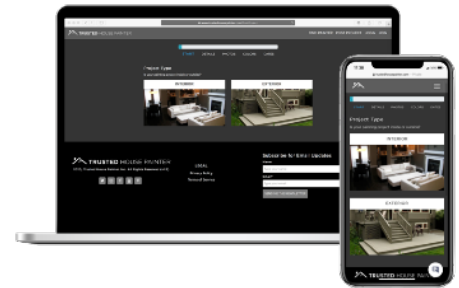


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